

Curriculum Vitae

Name:	Neil Rowan Cain	Skills:	Adobe Creative Suite	Travel:	May 2002 – November 2004: MTB guided in Murcia Region (Spain), Grenada (West Indies), Kitzbühel (Austria), Chamonix (France), Lefkas (Greece) and Korčula (Croatia).
Email:	hello@neilcain.co.uk		Print production		
Website:	www.neilcain.co.uk		Photography		
Linkedin:	www.linkedin.com/in/neilcain		Web design (HTML, CSS and Wordpress)		August – September '96: Backpacked throughout America and Canada.
Date of Birth:	19.10.75		Promotional social media		
Nationality:	British		Creative writing		July – November '94: Au-paired and travelled in America.
Employment:	November 2008 – present Graphic Designer Concur Slough, Bucks.		Speak intermediate German, conversational French and basic Spanish		Have also travelled throughout Europe and Asia.
	February 2005 – November 2008 Graphic Designer Madison Stanmore, Middx.	Education:	1995-1998 Colchester Institute 1992-1994 Colchester Institute 1987-1992 Hedingham Comprehensive	Interests:	Mountain biking Surfing Photography Live music Media, art and design Travel
	May 2002 – October 2004 Mountain Bike Guide Neilson Active Holidays Brighton, East Sussex	Qualifications:	BA(hons) Design BTEC ND Industrial Design 9 GCSE grade C and above	References:	On application
	April 2000 – May 2002 Graphic Designer Ovum Ltd. Farringdon, London	Vocational:	Remote Emergency Care Lvl. 2 OTC Level 2 trained mountain bike leader RYA Level 2 Powerboat driver PADI Advanced Open Water diver Full clean driving licence		
	Dec. 1994 – April 2000 Sales advisor / retail assistant manager / cycle mechanic / lifeguard / student	Achievements:	Guest blogger on MBUK.com Elected volunteer Secretary and Marketing Officer for Aston Hill Bike Park Instore Magazine POP award Editor of 'The Ovum Informer' company magazine Competitor in endurance and 24hr mountain bike events since 2001		
